# UPCOMING Events

The Center (NMAC) 1036 East Lincoln Street Woodburn, Oregon 97071 971•208•5024



#### **BINGO Every Monday!**

Bingo cards are \$1. Please come join us for fun, great prizes, and snacks from 1-3 PM!



### **Sew Happy on Wednesdays**

Join Amaryllis for the monthly project from Noon to 4 PM. For August it is pillow cases and for September it is a simple tote. All supplies and use of the machines are included at no charge!



### **Birthday Wednesday!**

The first Wednesday we celebrate monthly birthdays along with a delicious lunch. Cakes are provided by Andrew at Viking Properties NW or Resi at McCully Realty. Thank you sponsors!



#### **Exercise Mondays & Wednesdays**

Exercise with Lydia on Mondays and Ann On Wednesdays at 10:30 AM

Lunch & Learn Wednesdays @ Noon

# September 6th

Birthday cake provided by Resi from McCully Realty

# September 13th

Lunch provided by Leticia at Dipped by Leti



# September 20th

**Speaker:** Woodburn Police Department Scam & Fraud Prevention

# September 27th

Lunch provided by Silver Creek Senior Living

#### October 4th

Lunch provided by Heartwood Place Memory Care

We have a suggested contribution of \$3.00 for lunch. We thank you in advance for your contribution, it will go toward helping provide even more programs and activities for the Center.