

DECEMBER 2023

Mondays

Wednesdays

Take a
photo
with your
phone for
reference
later!

4th

10:30 am **Gentle Stretch & Exercise** with Shelly
1:00 pm **BINGO \$2 or 3 for \$5 Cards & Great Prizes**
1:00-7:00 pm **Charity Sewing**

11th

10:30 am **Gentle Stretch & Exercise** with Shelly
1:00 pm **BINGO \$2 or 3 for \$5 Cards & Great Prizes**
1:00 pm **Charity Sewing**

18th

10:30 am **Gentle Stretch & Exercise** with Shelly
1:00 pm **BINGO \$2 or 3 for \$5 Cards & Great Prizes**
1:00 pm **Charity Sewing**

**We will be closed on Monday, December 25th.
Have a blessed Christmas.**



A trip to see the Keizer Christmas Lights on **Tuesday, December 12th** sponsored by Cascade Park. We'll be gathering in their lobby at 4:00 pm for a cup of hot chocolate or a glass of wine and snacks. The van will be departing at 5:00 pm and is limited to 16 seats (wheelchair accessible), please call Mary Reitan at 503-502-4509 to reserve your seat.



Immanuel Lutheran Church
1036 E Lincoln, Woodburn
woodburncenter.org

Come join us at the Center!

We are open on:
Mondays from 10:30 to 3:00 pm
Wednesdays from 10:30 to 1:00 pm

6th

10:30 am **Chair Exercise** with Ann
11:15 am **Movement Exercise** with Ann
12:00 pm **Sew Happy** - Encore table runner & bow bags
12:30 pm **Crafting 101** - Make a Christmas Centerpiece with Pat.
Space is limited to 10 & \$5.00 fee.
12:00 pm Lunch Emerald Gardens Assisted & Memory Care
Birthday cake provided by Resi of McCully Realty

13th

10:30 am **Chair Exercise** with Ann
11:15 am **Movement Exercise** with Ann
12:30 pm **Sew Happy** - Encore table runner & bow bags
12:00 pm **Lunch** provided by Country Kitchen Restaurant

20th

10:30 am **Chair Exercise** with Ann
11:15 am **Movement Exercise** with Ann
12:00 pm **Sew Happy** - Encore table runner & bow bags
12:00 pm **Lunch** provided by Country Meadows Village.
A program of beautiful, Christmas music & sing-along with Gerry Craig.

27th

10:30 am **Chair Exercise** with Ann
11:15 am **Movement Exercise** with Ann
12:00 pm **Sew Happy** - Encore table runner & bow bags
12:00 pm **Lunch:** Chicken Tortilla Soup! provided by Nancy Kellar